PRE-VISIT STORY

Taking a dance class at Pittsburgh Ballet Theatre
I am taking a dance class at Pittsburgh Ballet Theatre in a dance studio.

A studio is a room made for dancing with mirrors and a special floor.
A ballet studio has a *barre*.

Dancers hold onto the *barre* for support and balance.

I will only use the *barre* when my teacher tells me to use it.

The studios also have a piano for live music and chairs for resting.
When I arrive at the studios, I may have to wait in the lobby before my teachers come and get me for class.

I may have to wait to use the bathroom.

I may have to wait to get a drink from the drinking fountain.

I may have to wait my turn during class.
When my class is ready to begin, my teacher will come out to the lobby to meet me. My teacher at Pittsburgh Ballet Theatre is Ms. Jamie.
In my dance class

I will use my eyes to watch my teachers.

I will use my eyes to watch where others are dancing.

I will move my body safely when dancing.
In my dance class

I will use my ears to listen to the music.

I will use my ears to follow directions I hear.

I will move my body to the beat of the music.
I may use different props during the dance class, like dot spots or scarves.
I will wear comfortable clothing when I dance so I can freely move around.

I will take off my shoes and leave them on the mat outside the studio.
I can take a break if I need to.

I will let an adult know if I need to take a break.

I can take a break by sitting on a mat.

I can take a break by going out to the lobby.

I can rejoin the class when I am ready.
I will let an adult know if I need to go to the restroom.

I can go to the restroom any time I need to.

The sound of the flushing toilet can be loud.
At the end of every class:

I will say “thank you” to my teachers, the musicians, and all the other dancers.